

STRENGTH AND CONDITIONING COACH

GENERAL STATEMENT:

Responsible for developing strength and conditioning programs for both in-season and off-season student athletes as requested by head coaches and the Athletic Trainer. These programs should focus on improving the overall strength and condition of student athletes and reducing the injuries sustained.

REPORTS TO:

Athletic Director

OCCUPATIONAL GROUP:

Professional

ELSA: Exempt

QUALIFICATIONS FOR APPOINTMENT:

EDUCATION:

Bachelor's Degree in related field. Must hold a National certification or obtain certification within two (2) years.

**LICENSE OR
CERTIFICATION:**

None

EXPERIENCE:

Three (3) years related work experience.

OTHER:

None

DUTIES AND RESPONSIBILITIES:

- Work with the Head Athletic Trainer to identify high risk/high claim areas, and develop/maintain programs designed to reduce/prevent related injuries.
- Work in collaboration with head coaches on developing and scheduling specific workout sessions.
- Provide expertise in the area of strength and physical conditioning as requested by head coaches.
- Provide student athletes with guidance on proper training techniques as requested.
- Work with head coaches and others to ensure the safety of student athletes training in the gym.
- Other duties as assigned by appropriate supervisory personnel.

PHYSICAL REQUIREMENTS:

- Requires extensive physical activity.

The above job description has been reviewed with the employee and specific duties and responsibilities were explained. It was also explained that all questions concerning duties, responsibilities, working conditions, hours, etc. should be directed to the immediate supervisor.

Employee's Signature

Date

Supervisor's Signature

Date

All TVCC positions are security sensitive and require a criminal background check.

Approved: 8/27/13

Revised: