Nursing Care
- Directed toward what contributes to a normal concept and is thereby related to all factors involved in or with the concept. Not always needed to have a normal outcome.

Attributes
- Defining characteristics of the concept
- What must occur for the concept to exist

Antecedents
- What precedes the concept for it to exist
- Events or incidents that must happen before the concept

Consequences
- Untoward events or outcomes that occur due to malfunction within the concept
- Positive events or outcomes that occur due to proper functioning within the concept

Interrelated Concept
- Concepts which can affect change in the other
- Concepts which work together to ensure a normal process
- Concepts which if depleted or impaired can cause a negative consequence in the other

Sub-Concept
- Critical components of major concept

Coping
An ever changing process involving cognitive means and behavioral actions to manage internal and/or external situations that are perceived as difficult and/or beyond the individual’s current resources.

Attributes
- Calm Affect
- Effective & Appropriate Communication
- Ability to Perform ADLs and IADLs as Needed
- Appropriate Use of Available Resources and Support Systems

Interrelated Concepts
- Human Development
- Mood & Affect
- Functional Ability
- Cognition
- Diversity (Culture)
- Interpersonal Relationships
- Depression
- Suicide
- Peptic Ulcer Disease
- Poor Body Hygiene
- Unsuccessful Relationships
- Increased Absenteeism from Work

Positive
- Able to Ask for Assistance
- Successful Relationship
- Medication Regimen Compliance
- Maintain Employment
- Able to Identify Stressors

Negative
- Adaptability
- Anxiety
- Stress
- Conflict Resolution
- Addictive Behaviors

Sub - Concepts

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