Nursing Care
- Directed toward what contributes to a normal concept and is thereby related to all factors involved in or with the concept. Not always needed to have a normal outcome.

Attributes
- Defining characteristics of the concept
- What must occur for the concept to exist

Antecedents
- What precedes the concept for it to exist
- Events or incidents that must happen before the concept

Consequences
- Untoward events or outcomes that occur due to malfunction within the concept
- Positive events or outcomes that occur due to proper functioning within the concept

Interrelated Concept
- Concepts which can affect change in the other
- Concepts which work together to ensure a normal process
- Concepts which if depleted or impaired can cause a negative consequence in the other

Sub-Concept
- Critical components of major concept

Nursing Care
- Antecedent: Effective circulatory system
- Ability to discern from comfort to discomfort
- Without noxious stimuli
- Intact neurological/sensory system

Comfort: State of physical ease
- Attributes: Vital signs within the normal limits for baseline
- Indicates pain scale zero
- Relaxed body posture

Interrelated Concepts
- Mobility
- Sensory Perception
- Mood and Affect
- Functional Ability

Consequences (Outcomes)
- Positive
- Negative

Mixed Pain Syndromes
- Chronic & Acute Pain
- Neuropathic
- Theory of Pain Control

Sub-Concepts
- Social Interactions
- Perform ADL’s
- Calm demeanor
- Adapt to stressors
- Increased Blood Pressure
- Hyperventilation
- Limited Movement
- Tissue Damage
- Shock

Theory of Pain Control
- Nociceptive Pain
- Pain: State of physical ease

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