Program \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

TRINITY VALLEY COMMUNITY COLLEGE

HEALTH OCCUPATIONS DIVISION

PHYSICAL EXAM FORM

A physical exam form must be completed on each student prior to clinical experiences.

**STUDENT’S NAME (Print)**: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**TO BE COMPLETED BY HEALTHCARE PROVIDER (PHYSICIAN/APN/PA)**:

\*\*\*Is this student physically capable of performing the clinical activities of their selected health occupations program by meeting the essential standards listed on the back of this form?

Yes\_\_\_\_\_\_\_\_\_\_\_ No\_\_\_\_\_\_\_\_\_\_\_

If no, list physical limitations: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**\*\*\*Does this student show evidence of good mental health?**

**Yes \_\_\_\_\_\_\_\_\_\_ No \_\_\_\_\_\_\_\_\_\_\_**

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ DATE: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

SIGNATURE (MD, DO, PA, APN)

PRINTED NAME: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ PHONE: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

ADDRESS: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ CITY: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

TB test results may be included here or they may be submitted through other documentation.

|  |  |
| --- | --- |
| **TB Test** | |
| Annual TB PPD Test  (or chest x-ray if test is +)  (may not be TB tine test) | Date:  Results:  Validating signature or stamp: |

**Essential Clinical Performance Standards**

The Health Occupations Division Student must have sufficient:

1. **Visual acuity** with corrective lenses to:
   1. accurately read small print on medication containers, syringes, discriminate color changes, read type at 8 font, and hand-writing on college ruled paper
   2. see objects up to 20 inches away
   3. accurately read monitors and equipment calibrations
   4. identify call lights and unusual occurrences on a unit at a distance of 100 feet.
2. **Auditory perception with corrective devices** to:
   1. hear monitor alarms, emergency signals, client’s call bells, pagers, and telephone conversation
   2. hear client’s heart sounds, bowel sounds, and lung sounds with a stethoscope
   3. receive and understand verbal communication from others
   4. distinguish sounds with background noise ranging from conversation levels to high pitched sounding alarms.
3. **Physical ability and stamina** to:
   1. perform client care for an entire length of clinical experience, 8-12 hours.
   2. stand for prolonged periods of time, 8-12 hours.
   3. transfer/position/lift up to 300 lbs with assistance
   4. lift and carry objects (up to 30 lbs) without assistance (50 lbs for EMS)
   5. push/pull equipment requiring force on linoleum and carpeted floor
   6. stoop, bend, squat, reach overhead while maintaining balance as required to reach equipment, supplies, and perform client care, including cardiopulmonary resuscitation (CPR)
   7. manipulate equipment through doorways and into close fitting areas.
4. **Manual dexterity including sufficient gross motor and fine motor coordination** to:
   1. pick up, grasp, and manipulate small objects with control
   2. perform electronic documentation and keyboarding.

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w:Orientation\PhysicalForm Reviewed 03/16