

Program _____

TRINITY VALLEY COMMUNITY COLLEGE
HEALTH OCCUPATIONS DIVISION
PHYSICAL EXAM FORM

A physical exam form must be completed on each student prior to clinical experiences.

STUDENT'S NAME (Print): _____

TO BE COMPLETED BY HEALTHCARE PROVIDER (PHYSICIAN/APN/PA):

***Is this student physically capable of performing the clinical activities of their selected health occupations program by meeting the essential standards listed on the back of this form?

Yes _____ No _____

If no, list physical limitations: _____

***Does this student show evidence of good mental health including emotional and social stability that would contribute to the overall well-being while promoting safe and effective patient care?

Yes _____ No _____

SIGNATURE (MD, DO, PA, NP)

DATE: _____

PRINTED NAME: _____

PHONE: _____

ADDRESS: _____

CITY: _____

TB results may be included here or they may be submitted through other documentation.

TB Test	
Annual TB PPD Test (or chest x-ray if test is +) (may not be TB tine test)	Date: Results: Validating signature or stamp:

Essential Clinical Performance Standards

The Health Occupations Division Student must have sufficient:

1. **Visual acuity with corrective lenses to:**
 - a. accurately read small print on medication containers, syringes, discriminate color changes, read type at 8 font, and hand-writing on college ruled paper
 - b. see objects up to 20 inches away
 - c. accurately read monitors and equipment calibrations
 - d. identify call lights and unusual occurrences on a unit at a distance of 100 feet.
2. **Auditory perception with corrective devices to:**
 - a. hear monitor alarms, emergency signals, client's call bells, pagers, and telephone conversation
 - b. hear client's heart sounds, bowel sounds, and lung sounds with a stethoscope
 - c. receive and understand verbal communication from others
 - d. distinguish sounds with background noise ranging from conversation levels to high pitched sounding alarms.
3. **Physical ability and stamina to:**
 - a. perform client care for an entire length of clinical experience, 8-12 hours.
 - b. stand for prolonged periods of time, 8-12 hours.
 - c. transfer/position/lift up to 300 lbs with assistance
 - d. lift and carry objects (up to 30 lbs) without assistance (50 lbs for EMS)
 - e. push/pull equipment requiring force on linoleum and carpeted floor
 - f. stoop, bend, squat, reach overhead while maintaining balance as required to reach equipment, supplies, and perform client care, including cardiopulmonary resuscitation (CPR)
 - g. manipulate equipment through doorways and into close fitting areas.
4. **Manual dexterity including sufficient gross motor and fine motor coordination to:**
 - a. pick up, grasp, and manipulate small objects with control
 - b. perform electronic documentation and keyboarding.