



## Summer 2025 Mental Health First Aid Classes

### CHLT 2000 Adult Mental Health First Aid

This course teaches you how to identify, understand and respond to signs of mental illness and substance use disorders. This training gives you the skills you need to reach out and provide initial support to someone who may be developing a mental health or substance use problem and help connect them to the appropriate care. 8 Contact Hours (including 2 hours of required pre-work).

CHLT-2000-4ON05	July 8th (Deadline to register: June 24th)	Online	8:30 am - 3:00 pm	\$0 Tuition
CHLT-2000-4ON06	July 14th (Deadline to register: June 30th)	Online	8:30 am - 3:00 pm	\$0 Tuition
CHLT-2000-4ON07	July 28th (Deadline to register: July 14th)	Online	8:30 am - 3:00 pm	\$0 Tuition

### CHLT 2001 Youth Mental Health First Aid

This course teaches you how to identify, understand and respond to signs of mental illness and substance use disorders in youth. This 6-hour training gives adults who work with youth, the skills they need reach out and provide initial support to children and adolescents (ages 6-18) who may be developing a mental health or substance use problem and help connect them to the appropriate care. appropriate care. 6 Contact Hours (including 2 hours of required pre-work)

CHLT-2001-4ON02	July 11th (Deadline to register: June 27th)	Online	8:30 am - 1:00 pm	\$0 Tuition
CHLT-2001-4ON03	July 24th (Deadline to register: July 10th)	Online	8:30 am - 1:00 pm	\$0 Tuition

For more information, contact TVCC Adult and Continuing Education at 903-675-6212 or email [conted@tvcc.edu](mailto:conted@tvcc.edu)



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