



TRINITY VALLEY  
COMMUNITY COLLEGE  
ADULT & CONTINUING EDUCATION

# SUMMER 2024 Mental Health First Aid Classes

## CHLT 2000 Adult Mental Health First Aid

This course teaches you how to identify, understand and respond to signs of mental illness and substance use disorders. This training gives you the skills you need to reach out and provide initial support to someone who may be developing a mental health or substance use problem and help connect them to the appropriate care. 8 Contact Hours (including 2 hours of required pre-work).

<b>CHLT 2000 40N04</b>	<b>July 10th</b> (Deadline to register: June 26)	<b>Online</b>	<b>8:30 am - 3: 00 pm</b>	<b>\$0 Tuition</b>
<b>CHLT 2000 40N05</b>	<b>July 15th</b> (Deadline to register: July 1)	<b>Online</b>	<b>8:30 am - 3: 00 pm</b>	<b>\$0 Tuition</b>
<b>CHLT 2000 40N06</b>	<b>July 23rd</b> (Deadline to register: July 9)	<b>Online</b>	<b>8:30 am - 3: 00 pm</b>	<b>\$0 Tuition</b>

## CHLT 2001 Youth Mental Health First Aid

This course teaches you how to identify, understand and respond to signs of mental illness and substance use disorders in youth. This 6-hour training gives adults who work with youth, the skills they need reach out and provide initial support to children and adolescents (ages 6-18) who may be developing a mental health or substance use problem and help connect them to the appropriate care. appropriate care. 6 Contact Hours (including 2 hours of required pre-work)

<b>CHLT 2001 40N02</b>	<b>July 9th</b> (Deadline to register: June 25)	<b>Online</b>	<b>8:30 am - 3: 00 pm</b>	<b>\$0 Tuition</b>
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For more information, contact TVCC Adult and Continuing Education at 903-675-6212 or email [conted@tvcc.edu](mailto:conted@tvcc.edu)

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