SPRING/SUMMER 2022

Mental Health First Aid Classes

CHLT 2000 Adult Mental Health First Aid
This course teaches you how to identify, understand and respond to signs of mental illness and substance use disorders. This training gives you the skills you need to reach out and provide initial support to someone who may be developing a mental health or substance use problem and help connect them to the appropriate care. 8 Contact Hours (including 2 hours of required pre-work).

- CHLT 2000 2ON02
  - Friday, February 4
  - Virtual/Online
  - 8:30 am-2:30 pm
  - $0 Tuition
  - (Deadline to register: January 21.)

- CHLT 2000 3ON01
  - Friday, April 22
  - Virtual/Online
  - 8:30 am-2:30 pm
  - $0 Tuition
  - (Deadline to register: April 8.)

- CHLT 2000 4ON01
  - Thursday, June 16
  - Virtual/Online
  - 8:30 am-2:30 pm
  - $0 Tuition
  - (Deadline to register: June 2.)

CHLT 2001 Youth Mental Health First Aid
This course teaches you how to identify, understand and respond to signs of mental illness and substance use disorders in youth. This 6-hour training gives adults who work with youth, the skills they need reach out and provide initial support to children and adolescents (ages 6-18) who may be developing a mental health or substance use problem and help connect them to the appropriate care. 6 Contact Hours (including 2 hours of required pre-work)

- CHLT 2001 3ON01
  - Friday, March 25
  - Virtual/Online
  - 8:30 am-1:00 pm
  - $0 Tuition
  - (Deadline to register: March 11.)

- CHLT 2001 3ON02
  - Friday, May 20
  - Virtual/Online
  - 8:30 am-1:00 pm
  - $0 Tuition
  - (Deadline to register: May 6.)

- CHLT 2001 4ON01
  - Thursday, July 14
  - Virtual/Online
  - 8:30 am-1:00 pm
  - $0 Tuition
  - (Deadline to register: June 30.)

For more information, contact TVCC Adult & Continuing Education 903-675-6212 or email conted@tvcc.edu